



# The 21<sup>th</sup> Annual Schuylkill River Trail Run and Loop Walk 2008

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All proceeds benefit the Schuylkill Canal Association

**DATE:** SCA's 26<sup>th</sup> Canal Day, June 29, 2008

**TIME:** Race day registration begins at 8:00 am at St. Michael's Park in Mont Clare. Follow the signs. Race/Walk begins at 9:00 am.

**LOCATION:** Start is at Lock 60 on the Schuylkill Canal Towpath, west of Rt. 29, just across the bridge from Phoenixville or 2 1/2 miles south of the Rt. 29 exit of Rt. 422. Finish will be at the pavilion in St. Michael's Park (as in previous years.) Parking is at St. Michael's Park at the end of Jacob St., Mont Clare. Follow the signs on Rt. 29.

**COURSE:** For the Run: Scenic 5 1/2 mile loop along the banks of the Schuylkill River and Canal in beautiful Chester and Montgomery Counties. A moderate trail, it's mostly flat, but not entirely. Several water crossings can add some thrills, especially after a good rain. For the Walk: start off at Lock 60, walk 1-mile to Rt. 29 along Towpath Road looping around to Jacobs St., follow Jacobs St. to the finish line in St. Michael's Park to complete a scenic 2-mile loop walk.

**ENTRY FEE:** \$15 pre-entry, \$20 on race day. T shirts, Canal Day programs and other stuff to the first 100 entrants. Walkers 14 years old or younger are free.

**AWARDS:** Runners and walkers: Top three finishers in all age groups; M & F 17 & under, 18 to 29, 30 to 39, 40 to 49, 50 to 59, and 60 & over.

**PREREGISTRATION:** Send check or money order made out to the *Schuylkill Canal Association* to: SCA, P.O. 966, Oaks, PA 19456

For more information or directions call SCA at 610-917-0021 or email [info@schuylkillcanal.com](mailto:info@schuylkillcanal.com).

Other 26<sup>th</sup> Canal Day highlights include canal vaulting, 5 mile canoe/kayak race, paddle boat races, the canal joust, kids games and crafts, fishing derby, kayak demos, live music throughout the day, food and much, much more. For all the details about Canal Day, visit SCA's website at [www.schuylkillcanal.com](http://www.schuylkillcanal.com).

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Despite what I will attempt to do, I feel that I am reasonably sane. Therefore, I or members of my family will not hold the Schuylkill Canal Association, Phoenixville or Upper Providence Township, or any property owners along the course liable for any injury that may result, directly or indirectly, from the race or walk.

I plan to participate in: Schuylkill River Trail Run \_\_\_\_\_, Loop Walk \_\_\_\_\_

NAME \_\_\_\_\_ AGE \_\_\_\_\_ SEX \_\_\_\_\_

ADDRESS \_\_\_\_\_ PHONE \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

EMAIL \_\_\_\_\_

SIGNATURE OF RUNNER/WALKER \_\_\_\_\_

PARENT OR GUARDIAN (if under 18) \_\_\_\_\_